

IronOaks Race Across Arizona Winter Challenge!

Shake up your workout and challenge yourself with this FUN fitness incentive!



**Starting Monday December 5th,
log time towards a**

Race Across Arizona!

**Race Across Arizona (310 miles)
by Bike, Treadmill, Elliptical or Water!**

The top 10 finishers will receive awards!
Challenge concludes on Feb. 29, 2012



**This is a Fitness Incentive, not a race!
Have fun and challenge yourself!**

**Log sheets available in the Fitness Center.
See staff for more details.**