



IRONOAKS HOMEOWNERS ASSOCIATION

FITNESS CENTER RULES

Approved by the Board of Directors

December 2011

IronOaks Fitness Center

The IronOaks Fitness Center is a **fee for use** amenity owned by IronOaks Homeowners Association. The use of this center is under the jurisdiction of the IronOaks Board of Directors. The fitness center includes the fitness club lobby, the fitness equipment rooms, the fitness classroom, fitness patio, offices, rest rooms, locker rooms, sauna, spa, and lap pool. The fitness center does not include the tennis and pickleball courts, and surrounding walkways. No one under the age of 18 is permitted to use the center facilities. **No smoking, alcoholic beverages or firearms are allowed in the fitness center.**

Fitness Members

Individuals who have paid the annual or semiannual fee set by the IronOaks Board of Directors for Fitness Membership and have a signed waiver of liability on file will be considered Fitness Members. Fitness Members have unrestricted access and use of the entire fitness center during the posted hours of operation.

SilverSneakers® Members

SilverSneakers® members in good standing with their health insurance company and registered with the IronOaks fitness club also have the same unrestricted access and use of the entire fitness center as fitness members. SilverSneakers® members are obligated to adhere to the same rules as fitness members.

Tennis and Pickleball Members

Individuals who have paid the annual fee set by the IronOaks Board of Directors for Tennis Membership have access **only** to the sauna, spa lap pool and lockers as part of their membership. Pickleball Members have access **only** to the lockers as part of their membership. Tennis and Pickleball Members using the fitness center are obligated to adhere to the same rules as fitness members.

Member Check In

All Members are required to check in and present membership card to the fitness staff at the front desk before using the center.

Fitness Day Use Guests

A guest must register at the fitness desk, pay the appropriate fee for day use and sign a liability waiver form before first use. IronOaks residents should be prepared to show their IronOaks ID card.

Fitness Attire

Please refer to the Fitness Center Dress Code posted in the center. Please refrain from wearing any scented perfume or aftershave to the fitness center.

Cell Phones and Cameras are not permitted in the workout areas or the locker and bathroom areas.

Fitness Programs

Classes are conducted in designated IronOaks group fitness rooms and are open to all fitness members & guests. Advance registration may be required.

Fitness Room and Equipment

Use provided wipes to wipe down equipment after each use. Use extreme caution when working with the equipment. Ask a staff member for assistance/information when needed. Return weights and equipment to proper place after use. Return towels to appropriate hamper when leaving. No food or glass containers may be brought into the fitness room. Closed container beverages (water, juice, etc.) are acceptable. Share the equipment when necessary. Time for all cardio equipment is limited to 30 minutes (including cool down) when others are waiting. Equipment cannot be reserved in advance.

Locker Rooms

Lockers are for the storage of personal possessions during the day. They are not for overnight or long term storage. Lock your locker if it contains valuables. As a courtesy, locks can be borrowed from the front desk at no charge. IronOaks is not responsible for lost or stolen items left out.

Lap Pool/Spa

No lifeguard on duty. Swim at your own risk. The lap pool is divided into lanes to be used for lap swimming and other sanctioned fitness programs, such as water aerobics. Aqua walking/fitness and physical therapy use in the near lane is also permitted. Please refer to the Lap Pool/Spa rules posted in the center.

We thank you for your cooperation in helping us maintain the fitness center's clean, safe, healthy and friendly environment.

Failure to abide by these rules may result in loss of privileges.

Management reserves the right to refuse admittance and/or eject from the fitness center premises any person failing to comply with any of the health and/or safety regulations listed on this document or posted in the fitness center.