

## **2012 Information Update for SilverSneakers® Members**

2012 is here! Can you believe it? The start of the New Year is a perfect time to update your address, telephone number and emergency contact information with the IronOaks Fitness Center. **In case of emergency**, we need to have the most up-to-date information.

For your convenience, we have provided a new short form for you to update your personal information quickly and easily. These forms are kept in your file under lock and key for your protection.

**Please pick up and drop off the Updated SilverSneakers® Information card at the IronOaks Fitness Center Front Desk.**

## **Insurance Changes in 2012**

SilverSneakers® members who have made any insurance changes for 2012 should bring their new insurance card into the IronOaks Fitness Center. The front desk staff will make a copy of it for Annette.

If you have current coverage in 2012, there will be no problem with your swipe card. Please remember to swipe!

**Did you know that Humana has rejoined the SilverSneakers® Program?** If you are covered by Humana and have not yet registered at the fitness center, please contact **Annette Mandarino, SilverSneakers® Senior Advisor at 480- 802-6853** for an appointment.

**Any SilverSneakers® inquiries and questions can be directed to Annette Mandarino, SilverSneakers® Senior Advisor at 480.802.6853 M-F from 10-4p.**