

GOLF e-NEWS

February 29, 2012

“Once you have the confidence, once your swing and everything have given your mind confidence, then it is all mental. Your mind will automatically tell you, “Do this. Do that.”

Nick Faldo

WEEKLY GOLF COURSE MAINTENANCE

Charles Keys, Golf Course Superintendent

For the week of 2/20/2012

Continued baiting the coots and geese. Removal of coots was postponed due to permitting by the USDA. We have been rescheduled for Tuesday 2/28

Pushing bunkers and adding sand where needed. Starting with green side bunkers first
Sand and seed landing areas and tees

Cart path edging at Oakwood and Ironwood

Cleaning up desert areas around tees on the Sonoran nine

Adding granite to Sonoran desert areas

Spraying weeds in rough areas

ELS continue working on perimeter areas

Continue moving stake and rope around to help with cart traffic

For the week of 2/27/2012

Finished all granular fertilizer at Ironwood

Continue to push bunkers and add sand where needed

Continue spraying for weeds and Poa in the rough areas

Continue detail work as much as possible

Weed eating and edging

Continue to monitor irrigation, make adjustments where needed

Continue stake and rope. Look at holes to completely rope off

Continue slicing/spiking/ sand and seed areas

What to expect:

The courses are drying down after the extra water needed for the granular fertilizer. We have had warmer temperatures which will help promote growth of these areas as well. The USDA finally came back with their permit and are scheduled to come out on Tuesday 2/28 for the removal of the coot.

Dress Codes on Courses and Driving Range

Reminder that golfers must dress modestly and appropriately at all times while on the courses. For men, shirts with collars, turtlenecks or mock turtlenecks are required. Denims are not permitted. Soft spikes are required at all times on the course.

Spring Golf Clinics

The IronOaks golf staff is holding spring golf clinics on Mondays at 2:00 P.M. at the cost of \$10 per student. Sign up by calling the Oakwood Pro Shop at 895-1159, Ext. 7 or visit the Pro Shop and talk to one of our friendly staff members. The dates are:



March 5: Fairway woods (bring 3-5 woods)

March 12: Driver & Alignment (driver)

Classes are limited to 30 students—sign up now!!

Golf Seminar

On March 5 from 6:30 to 8:00 PM, a seminar on the inner game of golf will be held in the Bradford Room of the Oakwood Clubhouse. The cost is \$15 per person.

Experts tell us that there are three aspects in translating good practice into good golf. First are the mechanics of the swing. Second is being physically fit and developing our core muscles in order to implement the golf mechanics. The third and the one emphasized in this seminar is the **mental** or **inner** game of golf. We must train our minds as well as our bodies if we are to be consistent in playing golf.

The speakers for the seminar are:

Jim Jenkins, Metamorphosis Consultant, facilitator

Eddie Renio, IronOaks Director of Golf, introducing the three parts of good golf

Samantha Shore, IronOaks Fitness Center Director, talking about the importance of an exercise program specifically designed for golf

Frank Hernandez, educator, presenting research supporting the importance of the mental aspect of the game

Bill Beltz, golfer, emphasizing the importance of the inner game of golf

Dr. Sam Sherk, Sports Psychologist for Peak Performance Sports, speaking on the techniques and strategies for learning the inner game of golf

Door prizes will be awarded. Please encourage your golfing buddies to attend. Space is limited so advanced registration by calling Jim Jenkins (480) 802-5633 is advised.

Events for IronOaks Golf

- **Battery Rejuvenators** will be at the Oakwood Pro Shop **February 29** and Demo Day (**March 7**). Members and residents can call the Oakwood Pro Shop (480) 895-1159 to schedule an appointment. .
- **Golf Demo Day** will be held on **March 7** at the Oakwood practice range with the major club manufacturers. Come and check out and try some of the newest products that are on the market for golfers.
- **OLGA** will be collecting used golf equipment on **March 3**. This equipment will be donated to **THE FIRST TEE**. They can use ALL golf equipment (in good condition, please). You can donate clubs, bags, balls, tees, head covers, and shoes. **The items will be collected Sat. March 3rd from 9-2 in the room off the pro shop.**
- **Gayle King Invitational** will be held at Ironwood on March 9, 10, 11.

TRY OUT THE PRACTICE RANGE UNDER THE LIGHTS ON MONDAY, WEDNESDAY AND FRIDAY UNTIL 8:00 P.M.